



INTERNATIONAL SYMPOSIUM ON DENTAL HYGIENE

9-11 July
2026 Milan

Prevention
& Progress

Oral and
General Health



Associazione
Igienisti Dentali
Italiani

Abstract Submission Guidelines

The International Federation of Dental Hygienists (IFDH), in collaboration with the Italian Dental Hygienists Association (AIDI) invites colleagues from the international community to submit their abstracts for consideration in the oral and poster sessions at the International Symposium on Dental Hygiene in Milan, Italy.

The oral and poster sessions are scheduled for July 9 (Thur), 10 (Fri), 11 (Sat), 2026.

The sessions for oral and poster presentations offer a chance to disseminate research findings, acquire novel insights, establish connections, engage in idea interchange, and remain up-to-date with pertinent information. The presentations should align with the symposium's focal point, **"Oral and General Health – Prevention & Progress"** and play a pivotal role in advancing our understanding of professional and patient care.

Abstracts that have been previously presented and published will be considered; however, they must be properly acknowledged by providing the citation to that abstract. Individuals are allowed to present a maximum of two abstracts (one oral and one poster) but can be a co-author on additional abstracts. Presenters are not required to be the principal investigator of a study but should be a member of the research team. Presenters may be graduate students, clinicians, educators, researchers in oral healthcare and dental therapists.

The theme for the symposium is broad-based and abstracts should be specifically related to the dental hygiene and/or dental therapy professions. The four sub-topics for the symposium are as follows:

Symposium Sub-topic: Prevention & Progress. Oral and General Health.

Childhood (Pregnancy to 11 years)	<p>Topics related to: educational, nutritional and preventive care during pregnancy and childhood. Examples include topics:</p> <ul style="list-style-type: none">• to reduce the risks of transmission of cariogenic bacteria,• to reduce the incidence of malocclusions and other oral or systemic pathologies,• to foster enhanced patient communication & motivation, and life-long healthy habits
--	--



Associazione
Igienisti Dentali
Italiani

Italian Dental Hygienists Association
Via Frutaz 1 - 11100 Aosta, Italy
Tel: +39- 3384834707
Email: segreteria@aiditalia.it



ISDH 2026 Secretariat | OIC GROUP
Viale della Giovine Italia 17 - 50122 Florence, Italy
Tel: +39 + 055 50351
infoisdh2026@oic.it - www.isdh2026.com



INTERNATIONAL SYMPOSIUM ON DENTAL HYGIENE

9-11 July
2026 Milan

Prevention
& Progress

Oral and
General Health



Associazione
Igienisti Dentali
Italiani

Adolescence (12-18 years)	<p>Topics related to strengthening autonomy in self-care, health promotion and disease prevention. Examples include topics:</p> <ul style="list-style-type: none"> • to empower self-care and biofilm control through digital tools, motivational approaches, and more, • to enhance awareness of risks related to smoking, alcohol and eating disorders, • to foster enhanced patient communication & motivation, and life-long healthy habits
Adulthood (19-65 years)	<p>Topics related to an integrated approach between oral healthcare and medical care for the maintenance of oral and general health. Examples include topics:</p> <ul style="list-style-type: none"> • that demonstrate a direct impact on quality of life and productivity through prevention of chronic oral & systemic diseases, • that highlight innovative, personalised prevention approaches and equity of access to those services, • that demonstrate appropriateness, quality and continuity of care, comprehensiveness of services, sustainability, efficiency and active patient participation, • that enhance patient motivation & communication
Old Age (65+ years)	<p>Topics related to special treatments, public health policies for the promotion of oral health and the prevention of oral diseases in the presence of old age or frailty. Examples include topics:</p> <ul style="list-style-type: none"> • that explain polypathologies, • that highlight reduced functional autonomy, • that ensure a multidimensional assessment of the elderly patient to include good chewing function, proper nutrition,



Associazione
Igienisti Dentali
Italiani

Italian Dental Hygienists Association
Via Frutaz 1 - 11100 Aosta, Italy
Tel: +39- 3384834707
Email: segreteria@aiditalia.it



ISDH 2026 Secretariat | OIC GROUP
Viale della Giovine Italia 17 - 50122 Florence, Italy
Tel: +39 + 055 50351
infoisdh2026@oic.it - www.isdh2026.com



INTERNATIONAL SYMPOSIUM ON DENTAL HYGIENE

9-11 July
2026 Milan

Prevention
& Progress

Oral and
General Health



Associazione
Igienisti Dentali
Italiani

effective speech and a satisfactory quality of life through an integrated approach

All abstracts must follow the abstract guidelines and be submitted online **by Jan 7 (Wed), 2026**. Submissions can be made only via the Abstract Submission Portal, that will open on **Friday, September 19th**. Should your oral abstract not be accepted, you may be offered the opportunity to present it as a Poster. It will automatically be considered as a poster submission.

Download the abstract guidelines for submitting your abstract. You must access the Online Submission Portal using the button called **SUBMIT YOUR ABSTRACT**. Before submitting your abstract, you will need to set up a new user account and create a login and password. You will be able to use that login and password to re-enter the submission portal to make edits to your draft abstract up until the submission deadline (Jan 7, 2026). Upon submitting your abstract, you will receive a confirmation email of abstract submission from the ISDH 2026 Symposium Secretariat. Please ensure that all required information is completed as requested. If you experience any problems during the online submission process, please contact the ISDH 2026 Symposium Secretariat at AbstractISDH2026@oic.it.

Important Information

- Please carefully review all instructions before submitting your abstract.
- Abstracts are submitted **ONLY** via an online submission system.
- If you are submitting more than one abstract, you must use the same login for each abstract.
- The maximum length of an abstract is 350 words. Please ensure that your description is sufficient for reviewers to make an informed decision on quality. Abstracts that fail to meet these criteria will be rejected.
- Do not include author names in the title or body of your abstract – these are entered online during the submission process.
- Once an abstract is submitted successfully, you can track its status on the ‘Abstract Submission’ section. Submitted abstracts can be revised as often as needed until **Jan 7 (Wed), 2026**.



Associazione
Igienisti Dentali
Italiani

Italian Dental Hygienists Association
Via Frutaz 1 - 11100 Aosta, Italy
Tel: +39- 3384834707
Email: segreteria@aiditalia.it



ISDH 2026 Secretariat | OIC GROUP
Viale della Giovine Italia 17 - 50122 Florence, Italy
Tel: +39 + 055 50351
infoisdh2026@oic.it - www.isdh2026.com



INTERNATIONAL SYMPOSIUM ON DENTAL HYGIENE

9-11 July
2026 Milan

Prevention
& Progress

Oral and
General Health



Associazione
Igienisti Dentali
Italiani

- Abstracts will be reviewed under each of the elements indicated in the guidelines for the submission type as well as for the level of innovation/contribution to the field and the general standard of academic writing of the abstract.
- Authors can be listed on as many abstracts as they wish – however each author may be the presenting author on a maximum of 2 abstract presentations only – one oral and one poster.
- Please note that at least one author must register in full to attend and present the abstract at the Symposium. Please note that we expect this to be a fully in-person conference, so presenters should expect to be onsite at the symposium in Milan.
- All abstracts must be written in English.
- To ensure a fair and scientific review of abstracts, we will use a blind review process. Abstracts will be reviewed under each of the elements indicated in the guidelines for the submission type as well as for the level of innovation/contribution to the field and the general standard of academic writing of the abstract.
- The submitter will receive a confirmation email while the presenting author will receive all the further messages, acceptance included.
- Authors are responsible for proofreading and submitting error-free abstracts, as they will be reproduced in the format in which they were submitted. The corresponding author holds responsibility for the abstract's content. This author serves as the contact person for submission or communication, and is also responsible for disseminating information related to the co-authors.

Abstract Selection Criteria

- Topic fits clear to the (sub) theme.
- Background including the statement of the problem and significance are clearly and complete defined.
- Research question / Purpose / Goals / Objective are clearly defined
- For research; design, data collection and analysis is complete described and appropriate for the study question
- For innovation in practice / projects; complete description of the key features, structure, or systems what is done in the project to fulfill the purpose /goals / objective



Associazione
Igienisti Dentali
Italiani

Italian Dental Hygienists Association
Via Frutaz 1 - 11100 Aosta, Italy
Tel: +39- 3384834707
Email: segreteria@aiditalia.it



ISDH 2026 Secretariat | OIC GROUP
Viale della Giovine Italia 17 - 50122 Florence, Italy
Tel: +39 + 055 50351
infoisdh2026@oic.it - www.isdh2026.com



INTERNATIONAL SYMPOSIUM ON DENTAL HYGIENE

9-11 July
2026 Milan

Prevention
& Progress

Oral and
General Health



Associazione
Igienisti Dentali
Italiani

- Results are clearly presented
- Conclusions and implications/recommendations for the future are provided
- Abstracts will be selected based on rubrics scores provided by abstract reviewers.

Instructions

Language	English
Title	Only the first letter of the title starts with a capital letter, except the proper nouns * A short title (up to 20 words)
Length	No more than 350 words
Submission Types	You must choose one of the following two types of submissions, and each type must include the relevant elements: 1. Research 2. Innovation in Practice/Project

Submission Types

Innovation in Practice/Project

Background	Statement of the activity and its significance.
Purpose / Goals / Objectives	The purpose/goals/objectives are clearly defined.
Methods	Description of the key features, structure or systems.
Results	The impact of the activity is clearly reported.
Conclusions	Conclusions and implications/recommendations for the future.



Associazione
Igienisti Dentali
Italiani

Italian Dental Hygienists Association
Via Frutaz 1 - 11100 Aosta, Italy
Tel: +39- 3384834707
Email: segreteria@aiditalia.it



ISDH 2026 Secretariat | OIC GROUP
Viale della Giovine Italia 17 - 50122 Florence, Italy
Tel: +39 + 055 50351
infoisdh2026@oic.it - www.isdh2026.com