



INTERNATIONAL SYMPOSIUM ON DENTAL HYGIENE

9-11 July
2026 Milan

Prevention
& Progress

Oral and
General Health



INDUSTRY SYMPOSIA

July 9 (Thur), 2026			
Time & Location	Session Title	Speaker(s)	Session Host
14:00 - 15:30 July 9 (Thur), 2026 AMBER 5	Beyond knowledge: designing oral-systemic prevention for real life	Mário Rui Araújo Afonso Costa	
16:15 - 17:15 July 9 (Thur), 2026 AMBER 4	Patient-centred interdental cleaning: translating evidence into clinical practice and innovation	Dagmar Else Slot Tim M.J.A. Thomassen Nicola Discepoli Júlia Sáez	 Oral health. Better life.
16:30 - 17:15 July 9 (Thur), 2026 AMBER 5	Interdental cleaning: effect on local and systemic inflammation – Integrating oral hygiene into comprehensive lifestyle medicine	Crystal Marruganti	
17:15 - 18:45 July 9 (Thur), 2026 AMBER 4	Antiseptics in periodontology: four experts, one clinical vision	Matteo Basso Filippo Graziani Dagmar Else Slot Andrea Ionescu	 FIRST BECAUSE WE CARE
17:30 - 18:30 July 9 (Thur), 2026 AMBER 5	Empowering patients through effective home care: a lifelong journey to oral health	Stefano Checchi Tammy Filipiak Ralf Adam	



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July 10 (Fri), 2026

Time & Location	Session Title	Speaker(s)	Session Host
09:00 - 10:00 July 10 (Fri), 2026 AMBER 4	Combining air polishing and ultrasonic technology for patient-centred periodontal care	Dani Botbyl	
10:00 - 11:15 July 10 (Fri), 2026 AMBER 4	Sensitive conversations: talking about dentine hypersensitivity	Filippo Graziani Rhiannon Jones Charlie Parkinson	
12:30 - 14:00 July 10 (Fri), 2026 AMBER 4	A world united: the science and practice of preventing periodontal disease	Luigi Nibali Ana Molina JoAnn Gurenlian Simone Ruzzario	
12:30 - 14:00 July 10 (Fri), 2026 AMBER 5	Time to take gingivitis seriously	Iain L C Chapple Dagmar Else Slot	
14:00 - 15:00 July 10 (Fri), 2026 AMBER 4	Xerostomia in daily practice: effective natural approach for oral hydration and microbiome balance	Nikol Císlová	
15:00 - 16:00 July 10 (Fri), 2026 AMBER 4	Hand or powered? Rethinking instrumentation strategies in modern PMPR	Christian Graetz	
16:45 - 17:45 July 10 (Fri), 2026 AMBER 3	Modulation of the oral microbiota to support and enhance oral health	Andrea Butera Silvia Sabatini	
16:45 - 17:45 July 10 (Fri), 2026 AMBER 4	Personalised Management of Gingivitis: PMPR, Oral Hygiene and Behaviour Change	Dagmar Else Slot Jeanie Suvan	



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July 11 (Sat), 2026

Time & Location	Session Title	Speaker(s)	Session Host
09:00 - 10:30 July 11 (Sat), 2026 AMBER 4	Guided biofilm therapy: current concepts and future directions in prophylaxis and non-surgical periodontal and peri-implant care	I Karoussis Sofia Drivas	EMS ⁺
09:00 - 10:30 July 11 (Sat), 2026 AMBER 5	Scientific evidence and social perceptions of fluoride use: international trends and behavioral dimensions	Guglielmo Campus Adam Alvenfors Peter Lingström	elmex [®] Colgate
10:30 - 11:45 July 11 (Sat), 2026 AMBER 4	Gingivitis & beyond: overall health impact, strategies for self-care and efficacy of modern treatment	Andrea Pilloni Jeanie Suvan Maria-Teresa Addison	parodontax from HALOON
10:30 - 12:00 July 11 (Sat), 2026 AMBER 5	From good intentions to effective oral self-care	Heather Wong Dagmar Else Slot	TePe [®]
13:00 - 14:00 July 11 (Sat), 2026 AMBER 4	The tissue is the issue: translating oral-systemic science into clinical practice	Katrina M. Sanders	ivoclar